



# Tobacco *SPEAK* Call



## Upcoming Conference Call:

### “ *Going 100% Smoke Free: More Than Moving a Blue Line* ”

**Date:** Wednesday, January 13th, 2010  
**Time:** 11:30am—1:00pm (*Newfoundland Time*)

This call will provide an overview of the smokefree properties policies that are now in place at each of the four regional health authorities in our province. It has taken a lot of work to achieve this policy which demonstrates the health authorities' commitment to health for the people of our province. Representatives from the various regions will share their stories of how they implemented the policy, their challenges, their successes and the power of partnerships.

Log on to this call to learn more about developing policies and putting supports in place to support individuals in quitting. Individuals who may benefit from the topics covered in this call include health professionals, employers, businesses, community workers, or any other person interested in supporting smokers in quitting.

#### **Presenters Include:**

**Niki Legge** (Smokers' Helpline Director & Social Worker)  
*from the Newfoundland & Labrador Smokers' Helpline*  
**“Going 100% Smoke Free: More Than Moving a Blue Line”**

**Karla & Gwen Elliott** *from Labrador-Grenfell Health*

**Minnie Wasmeier** *from Western Health*

**Gail Huang & Valerie Pritchett** *from Central Health*

#### **Registration:**

To register, please email [shl@smokershelp.net](mailto:shl@smokershelp.net) or call **1-800-363-5864**.

The SHL will then provide further details on logging onto the call and how to access the presentations.

*Tobacco SPEAK* stands for **Shared Practice Experience And Knowledge** and is a great way to share and learn best practices in tobacco control. In 2006 the Helpline's partners asked that the Smokers' Helpline provide more opportunities for in-service and education. The Tobacco SPEAK conference calls allow the Smokers' Helpline to reach many partners in a cost-effective way and to address many important topics.

## To Register:

### Email

[shl@smokershelp.net](mailto:shl@smokershelp.net)

### Or Call

**1-800-363-5864**